



COVID-19 PROTOCOL

1. INTRODUCTION

Within the framework of the current COVID-19 pandemic and, the new “normality” that has followed the confinement/lockdown and de-escalation stages during this current year of 2020, this protocol establishes a general framework related to medical, sanitary and hygienic procedures, as well as the operating protocols to be applied in the organization of the REVOLUTION FREESTYLE OPEN both in FIS and Open competitions.

It is based on the assumption that it is impossible to guarantee a competition that is completely risk-free and, therefore, the objective is not, nor can it be, other than to reduce the risk as much as possible, applying the recommendations made at all times by the health authorities . In any case, the highest good to be preserved must always be health security for the sport and its' competitors.

This protocol is a reflection of the measures and recommendations imposed or, made by the CSD (Senior Sports Council), the Ministry of Health and the FMDI (Madrid Federation of Winter Sports) in the following documents:

- CSD: [Click here](https://www.csd.gob.es/es/protocolo-sanitario-para-el-reinicio-de-la-competicion-deportiva)
<https://www.csd.gob.es/es/protocolo-sanitario-para-el-reinicio-de-la-competicion-deportiva>
- Ministerio de Sanidad :[Click here](https://www.mscbs.gob.es/profesionales/saludPublica/ccayes/alertasActual/nCov/documentos/PrevencionRLL COVID-19.pdf)
<https://www.mscbs.gob.es/profesionales/saludPublica/ccayes/alertasActual/nCov/documentos/PrevencionRLL COVID-19.pdf>
- FMDI : http://freexki.com/revolution2020/wp-content/uploads/2020/10/protocolo-covid-FMDI_v3.pdf

2. ORGANS AND PERSONS RESPONSIBLE FOR THE SECURITY OF COVID-19

Protocol Compliance Officer (DCP): JEANNE BRACKET

Is responsible for ensuring that all the requirements of the preventive conditions of this Protocol are met during the competition. The DCP must be someone with sufficient prestige and authority within the club / organization to ensure that all members comply with the obligations established in all competitions. Responsible for the Medical Check Point.

Hygiene Manager (HR): ALBERTO SALEHI

Must have specific and practical knowledge of the sports facility, or space and its operation, whose sole responsibility will be to review the operational principles of the Protocol with the relevant local authorities, and ensure that all principles are correctly applied in the sports facility, or space, recommendations and hygiene measures established here. The HR must be well aware of the local epidemiological situation.

The Chief Medical Officer (JM) of the FDE: DIEGO GARCÍA GERMAN

The Chief Medical Officer (JM) of the FDE coordinate with that the health managers of the Clubs or competitions.

It will be necessary to develop a control of health incidents at all levels and report it/them to the competent authorities.

3. CHECK-IN POINT

A special Entry is established for all participants in the event and staff separate from the general public. No team or competitor may use the Madrid Snowzone changing rooms to change.

Before entering the facilities, a check-in will be carried out with the following procedures:

1. Different times to pass in an orderly manner and without crowds through the Medical Check Point depending on the number of bibs assigned in the coaches' meeting will be facilitated through the official telematic means of communication (WhatsApp & Email Groups)
2. Cleaning hands with hydroalcoholic gel at the Check-in Point.
3. Verification of identity: The DNI (ID Card) of the athlete, coach or STAFF is required.
4. Delivery of the Epidemiological Form: The athlete or STAFF must deliver the Epidemiological Form, the signed responsibility declaration and the coaches; the responsibility certificate for the team.
5. Proof of mask possession. The athlete or staff must show their mask.
6. Taking one's temperature. The temperature will be taken using a digital thermometer. If above 37.4° it will be essential to carry out the Covid-19 CAM Self-Assessment:
7. Delivery of bib.
8. Recommend the use of the RADAR COVID application.

REVOLUTION FREESTYLE OPEN

Fecha 31-10-2020

BIB	NAME	SURNAME	HAND DESINFECTION	ID CARD	EPIDEMIOLOGICAL /DECLARATION FORM	MASK CHECK	TEMPERATURE	CAN COMPETE
			SI	SI	NO	SI	37,5	NO
			SI	SI	SI	NO	37,4	NO
			SI	SI	SI	SI	36,5	SI
			SI	SI	SI	SI	37,5	NO

Definition and actions related to the detection of Covid-19 Cases

A suspected case of SARS - CoV - 2 infection is considered to be any person with a clinical picture of sudden onset acute respiratory infection of any severity that includes, among others, fever, cough or feeling of shortness of breath. Other atypical symptoms such as odynophagia, anosmia, ageusia, muscle aches, diarrhea, chest pain or headaches, among others, can also be considered symptoms of suspected SARS-CoV-2 infection according to clinical criteria.

Classification of cases:

- Suspicious case: case that meets the clinical criteria of a suspected case until the PCR result is obtained.
- Confirmed case with active infection: - Case with or without clinical signs and PCR (or other molecular diagnostic technique that is considered adequate), positive. - Case that meets clinical criteria, with negative PCR (or other molecular diagnostic technique considered adequate) and a positive result for IgM by serology (not by rapid tests).

Definition and actions related to the detection of Covid-19 Cases

A suspected case of SARS - CoV - 2 infection is considered to be any person with a clinical picture of sudden onset acute respiratory infection of any severity that includes, among others, fever, cough or feeling of shortness of breath. Other atypical symptoms such as odynophagia, anosmia, ageusia, muscle aches, diarrhea, chest pain or headaches, among others, can also be considered symptoms of suspected SARS-CoV-2 infection according to clinical criteria.

Classification of cases:

- Suspicious case: case that meets the clinical criteria of a suspected case until the PCR result is obtained.
- Confirmed case with active infection: - Case with or without clinical signs and PCR (or other molecular diagnostic technique that is considered adequate), positive. - Case that meets clinical criteria, with negative PCR (or other molecular diagnostic technique considered adequate) and a positive result for IgM by serology (not by rapid tests).

Notification of cases:

For suspected cases, a Covid-19 self-assessment from the Community of Madrid will be carried out. In case of a positive evaluation, all indications of how to proceed are provided here.

CAM Covid-19 Information: <https://www.comunidad.madrid/servicios/salud/2019-nuevo-coronavirus>

- CAM Covid-19 Self Assessment: <https://coronavirus.comunidad.madrid/>
- RFEDI Notification : Mediante correo electrónico a covid19@rfedi.es
- Local Authorities Notification: Through CAM Covid-19 Self Assessment

COVID-19 Case Management

All suspected cases according to the CAM Covid-19 self-assessment will not be able to participate in the competition and the case will be notified according to the indications of the CAM Covid-19 Self-assessment process.

The persons responsible for attending or accompanying the suspected case will have at their disposal a complete PPE (Personal Protection Equipment) kit that they must use during the time of contact with the possible case. Once this contact is finished, the PPE must be stored in an airtight bag for later treatment according to legal procedures.

Check-in Point

Personal:

- Protocol Compliance Officer (DCP): NAME
- Secretary: In charge of transferring the information collected to the Computer.
- Support: In charge of conducting the Covid-19 CAM self-assessment upon detecting a suspected case.

Medical Check Point Material Needed:

- 1 Computer for data collection
- 1 Computer with internet connection.
- Infrared digital thermometer for taking Temperature
- PPE in case of finding a positive.
 - MASK FFP2 or FFP3
 - GLOVES UNE-EN ISO 374.5: 2016
 - COAT UNE-EN 14126: 2004
 - PROTECTION SCREEN
 - HERMETIC BAGS

Once the competition is over, the DCP must issue a report with the incidents and possible Covid-19 cases.

4. ACTIVITIES WITH THE POSSIBILITY OF ACCUMULATION OF PEOPLE AND PREVENTIVE MEASURES.

- **TeamCaptains Meeting:** To avoid the accumulation of people, the meeting will be held via the **FREE ZOOM** application/software
 - Date: 30th 20:00 Hrs
TEAM CAPTAINS MEETING 30/10 20:00
Hora: 30 oct 2020 08:00 PM Madrid

Unirse a la reunión Zoom
<https://zoom.us/j/8230109791?pwd=MTVVVUHpEQ0ZSYmVDcWJcFVQRXZEUT09>
To Join the ZOOM meeting

ID de reunión: 823 010 9791 Meeting ID#: 823 010 9791
Código de acceso: 888888 Access code: 888 888

- **Date:** 31st 16:00 Hrs
TEAM CAPTAINS MEETING 31/10 16:00H
Hora: 31 oct 2020 04:00 PM Madrid

Unirse a la reunión Zoom

<https://zoom.us/j/8230109791?pwd=MTVVUHpEQ0ZSYmVDcWJkFVQRXZEUT09>

ID de reunión: 823 010 9791

Código de acceso: 888888

- **Registration (Check-in):** Different schedules (appointed times) to pass in an orderly manner and without crowds through the Medical Check Point depending on the number of bib assigned in the Coaches Meeting or Heat will be facilitated via the official telematic communication means (Whatsapp & Email Group)

- **Awards Ceremony and Special Entry:** The awards ceremony and the special entry to the event will be held outside the shopping center to guarantee a minimum safety distance of 1.5 m.



- **During the Competition:** The Snowpark area will be closed to the public and used exclusively for the competition. The organizers will try to avoid the presence of personnel who are not essential for the start-up and development of the competition.

Competitors will be organized in Heats of a maximum of 6 participants and a schedule will be provided for each Heat. Composed of 2 or 3 rounds of training for each competitor + 2 or 3 rounds of Classification or Competition (depending on the number of participants).

During the competition the DCP and all the Competition Staff will ensure compliance with the social distancing and hygiene measures

5. SOCIAL DISTANCING AND HYGIENE MEASURES

- Respect at all times a social distancing of 1.5 meters, and in no case, less than that established as mandatory by the competent authorities.
- Strict distancing measures must be applied between athletes and other groups of people who are in the sports facility or space where the competition takes place.
- The use of a mask by athletes during their round, whether training or competition, is voluntary.
- It is mandatory that all athletes and other team members (technicians, assistants, refereeing teams, etc.) use masks while they are not within the competition area, except for the coach when he is giving instructions to his athletes.

5.1. Security and Covid-19 measures in the Facilities:

Madrid Snowzone complies with the opening protocols established by the competent authorities at state, regional or local level.

They have signage as marked/pointed out by the health and/or public shows regulations, as there must be information posters with general hygiene measures on display throughout the premises.

6. ACTIVITIES WITH RECOMMENDATIONS THAT MUST BE COMPLIED WITH.

Recommendations for participants, team members and sports delegations:

- **At family and social level:**

- Comply with social distancing.
- Avoid displays of affection and, affection that imply physical contact with third parties outside the usual environment of coexistence who may belong to a risk group.
- Reduce the number of contacts to the usual circle and reduce the number of people in social gatherings (less than 10 people recommended)
- Use of the mandatory individual mask at all times.
- Maintain exquisite hand hygiene with frequent washing with soap and water correctly.
- Use of hydroalcoholic solutions if hand washing with soap and water is not possible.
- Avoid touching your eyes, nose and mouth with your hands.
- If you suffer from sneezing or coughing, move away from anyone and cover yourself with your arm even wearing a mask or use disposable tissues, with subsequent hand washing

- **At the training level:**

All of the above in an individual scope and, in addition:

- Maintain a unidirectional flow that avoids crossing with other people.
- Keep the minimum distance in the changing room or space provided for this purpose.
- Change, and if it is not possible to clean, street shoes with which you access the sports facilities.
- Never use the same footwear used in the street to compete in competition and / or training. Mandatory change of footwear.
- Maintain hand hygiene when going to change.
- Place street clothes in a bag and handle them exclusively by the person concerned. Do not leave street clothes hanging in the changing room or designated space. Keep it all in a bag.
- Wear clean clothes in each training session or competition, collecting them and washing all the used ones.
- Individual washing of sportswear is recommended.
- Collaborate in the cleaning and disinfection of all the material used for the development of sports activity.

- In situations of physical exercise, the recommended distance when there are moments of hyperventilation (breathing more times and with greater intensity) would be 5-6 meters with colleagues.
- After finishing the training sessions, avoid coinciding with other participants, establishing a sufficient time frame to carry out cleaning or disinfection tasks
- Do not share drinks, or water bottles, as well as all those utensils for personal use (mobile phones, tablets, sports bags, etc.).
- Establish a sequence in the scheduling of sessions. In the case of team sports, it would go from individual physical, technical, mini-group physical, technical, tactical, to small groups physical, technical, tactical, until being able to train the whole group, without contact, and if the situation allows.
- Be very careful with medical and physiotherapeutic treatments to apply to athletes.
- Maintain strict medical control of each athlete.

- **At competition level:**

All of the above from the individual and collective preventive recommendations and, in addition:

- Avoid greetings and displays of affection, by other forms of contact.
- Scrupulously control the maintenance of hygiene and disinfection of the facilities and implements necessary for sports practice.
- Avoid physically coinciding with other teams or other athletes on arrival and departure from the facilities.
- If the use of changing rooms is necessary, essential means/necessities must be enabled to maintain safety distances, and if this is not possible, establish shifts. This is applicable to referee teams and competition judges.
- Do not share bottles of water or any other liquid; these must be exclusively for individual use.
- Do not share the essential/necessary implements for the practice of sport.
- Be extremely scrupulous with all health, medical and physiotherapeutic care before, during and after competition.
- Have all the sanitary guarantees of all participants, including officials, referee teams and other people who participate in the development of the match.

The teams, clubs or athletes will limit the number of people who, without being completely essential, share spaces with the athletes.

At the same time and as far as possible, personnel in direct contact with athletes and / or coaches will not be shared between different teams, clubs or athletes.

The organizers will try to avoid the presence of personnel who are not essential for the start-up and development of the competition.

7. SANCTIONS FOR BEACHING OF THE COVID-19 PROTOCOL

Those participants who fail to comply with the provisions of this Protocol will be sanctioned, with the possibility of immediate disqualification without the right to a refund of registration fees and / or any expenses.

The procedure will be a warning and a second breach will lead to immediate disqualification and expulsion from Madrid Snowzone.

8. PUBLIC

No 'public' space will be enabled within the entire facility, although the snowpark is restricted to competition use, the rest of the facility will be available to other skiers, always maintaining the maximum capacity set by law .

9. DOCUMENTS TO BE SIGNED

Send by email the following documentation signed before October 28 you can find them on website www.revolution2020.freexki.com and to the end of this document:

1. EPIDEMIOLOGICAL & DECLARATION FORM for Athletes.
2. EPIDEMIOLOGICAL, DECLARATION FORM & CERTIFICATE TEAM MANAGER for Captains / Coaches.
3. ID Card of the signer.

EPIDEMIOLOGICAL FORM

Name as it appears on ID or Passport: _____ Address during the competition (street / apartment / city / postal number / country):

_____.

Telephone number: _____ Email: _____.

Countries / CCAA that you visited or where you were in the last 7 days:

_____.

Answer the following questions regarding the last 14 days:

QUESTION	YES	NO
Did you have close contact with someone diagnosed with COVID-19?		
¿Did you provide direct care to COVID-19 patients?		
Did you visit or stay in a closed environment with a patient with COVID-19 disease?		
Did you work / study closely or sharing the same work or class environment with COVID-19 patients?		
Have you traveled with a COVID-19 patient by any means of transportation?		
Have you lived in the same house as a COVID-1 patient? 9?		

And I declare

Not having been in contact with a person affected by COVID-19, even in the absence of symptoms, for a period of at least 14 days.

Not having any symptoms of suspected coronavirus infection: fever, tiredness, drowsiness, respiratory symptoms (cough, sore throat, shortness of breath, choking), digestive discomfort, taste or smell alterations, or any other undiagnosed health disorder .

That he will immediately inform the organization of any change in his health situation in relation to COVID 19, which may appear during the days of the competition or after the date of signing of this Health Declaration.

That I have read and accept the FMDI privacy policy.

This information may be shared with local Public Health authorities to allow rapid contact tracing if a participant in the event suffers from COVID-19 or came in contact with a confirmed case.

Signed. The Athletes or Legal o Tutor

DECLARATION FORM

Mr./a of legal age and with ID with telephone number Domiciled at in his own name or as father / mother / legal guardian of the minor with federated license number issued by the Federation I appear and manifest as best appropriate.

I DECLARE RESPONSIBLY

1. That I am fully aware and aware that the practice of sport both in training and in competitions implies a risk of contagion of COVID-19 of which I am aware and accept, with the understanding that I will have the right to be able to present the appropriate claims against those people who have breached the protection and communication rules established in the protocols, especially when it has been an athlete who has participated in the competition.

2. That I do not present symptoms compatible with the SARS-CoV-2 Coronavirus (fever greater than or equal to 37.5 degrees, cough, general malaise, feeling of shortness of breath, loss of taste, headache, fatigue, neck pain , muscle pain, vomiting, diarrhea) or any other typical symptoms of infections.

3. That I have not tested positive or had close contact with any person or persons with possible or confirmed symptoms of COVID-19 in the 14 days immediately prior to the date of signing of this document.

4. That I have read the security protocols and the information and hygiene prevention and safety measures of COVID-19 established by the organizer of the competition, the CSD and the FMDI, that I accept to comply with them responsibly, in their In totality, with the conduct and behavior guidelines established therein, accepting that the Hygiene Manager of the event may agree on its own accord to exclude me from the competition and from the facility or restricted area of the sports area in case of non-compliance.

5. That I am aware and accept that non-compliance with the COVID-19 regulations, especially the non-declaration of having tested positive or not having declared the fact of having had a close relationship with people with symptoms implies a very serious violation of the disciplinary code that It can lead to a penalty of exclusion from the competition and the loss of the sports license for the entire season.

6. That I undertake to inform the club and the Federation (before any competition) of any symptoms that are compatible with COVID-19, the fact of having tested positive or the existence of any alleged or confirmed case of covid-19 in the family or close environment and I promise to keep the club managers promptly informed of their evolution.

7. That you accept that the FMDI or the organizing Club adopt the measures indicated in the protocol that it has published in order to establish a reasonable safety scenario in the competition or training. In this sense, it is stated that the FMDI, in the course of a competition, may adopt the measures or decisions that are necessary in relation to the establishment or application of the measures contained in its protocol and published guide or any others that were intended to provide the test with a safe environment in terms of avoiding COVID 19 infections.

8. That, in the event of being infected by COVID 19, the participant exonerates the FMDI and the Organizing Club of any responsibility in relation to the possible damages that may arise for their person.

This information will be treated confidentially and with the sole purpose of being able to adopt the necessary measures to avoid the contagion and spread of the virus. By completing this document, the undersigned grants express consent for RFEDI to process this data from a strictly medical and preventive point of view.

At the same time and with the signing of this document, it is declared to know the specific protection and hygiene measures established in the Protocol of the CSD, the RFEDI and the organization whose rules are mandatory for participants in official sports competitions and for all the clubs affiliated to the Federation that participate in them.

Compliance with the aforementioned rules is an individual responsibility of each of the participants and of the club or entity that organizes the meeting, without there being any responsibility on the part of the RFEDI for the contagions that on the occasion of the dispute of the competition are could produce.

And for the record for appropriate purposes,

SIGNED

In on

CERTIFICATE TEAM MANAGER

Mr., Of legal age and with ID
....., with the telephone number and address at
Street number As Delegate of Protocol
Compliance (DCP) of the team / Club

I CERTIFY

That no participant presents symptoms compatible with the SARS-CoV-2 Coronavirus (fever greater than or equal to 37.5 degrees, cough, general malaise, feeling short of breath, loss of taste, headache, fatigue, neck pain, muscle pain, vomiting, diarrhea) or any other typical symptoms of infections.

That no participant has tested positive or had close contact with any person or persons with possible or confirmed symptoms of COVID-19 in the 14 days immediately prior to the date of signing of this document.

That the security protocols and informative measures and prevention of hygiene and safety of COVID-19 have been documented and made available to all participants of the meeting and that they have been informed of the exclusion of the competition and of the installation or limited area of the sports area for any of the participants who violate these rules.

That he is aware and accepts that non-compliance with the COVID-19 regulations, especially the non-declaration of confirmed positive cases or people with symptoms, implies a very serious violation of the disciplinary code that can lead to a penalty of exclusion from the competition and, in his case, loss of the sports category.

That the organizer of the meeting has registered all the participants in it in order to have traceability in the event of a positive or positive symptoms among any of the participants who have had close contact with the others on the occasion of the event. meeting.

At the same time, it declares to be informed of the specific protection and hygiene measures established in the CSD Protocol, the Covid-19 protocol of the competition and that of the Spanish Winter Sports Federation, whose rules are mandatory for participants in the official sports competitions and for all clubs affiliated to the Federation that participate in them.

Compliance with the aforementioned rules is an individual responsibility of each of the participants and of the club or entity that organizes the meeting, without there being any responsibility on the part of the RFEDI for the contagions that on the occasion of the dispute of the competition are could produce.

And for the record for the appropriate purposes, I issue this certificate in

..... on of

Signed : _____